

WE CAN HELP PROVIDE YOUR FAMILY WITH BETTER NUTRITION



You could qualify for Food Stamps if:

You have a low or fixed income and
do not receive SSI/SSP.

You have limited assets, NOT including
your home or your car.

If you have this many persons in your family, INCLUDING YOURSELF:	1	2	3	4	5	6	7
You may get Food Stamps if your gross monthly income is less than:	\$1,062	\$1,430	\$1,799	\$2,167	\$2,535	\$2,904	\$3,272

If you are a legal immigrant, you or your family may still qualify for Food Stamps. Getting Food Stamps will not affect your application to become a Legal Permanent Resident or Citizen.

**San Diego County
Health and Human Services**
For more information, call toll-free:
1-866-262-9881

